



## Breakfast

Yoghurt & Muesli **\$3.00**  
Cereal with Skim Milk **\$3.00**  
Raisin Toast **\$2.50**  
Toast with Spread From **\$1.00**  
Toasted Sandwiches From **\$2.00**  
Banana Bread **\$2.00**

## Fresh Salad Box

Greek Salad Reg **\$3.00 Lrg \$5.00**  
Chicken Caesar Salad Reg **\$4.00 Lrg \$6.00**  
Tuna Salad Reg **\$3.50 Lrg \$5.50**  
Pasta Salad Reg **\$3.00 Lrg \$5.00**  
Seasonal Fruit Salad Reg **3.00 Lrg \$4.50**  
Tub of Watermelon Reg **3.00 Lrg \$4.50**

## Hot Food

*All foods are grilled or oven baked (No frying)*

Baked Vegetable Spring Rolls **\$4.00**  
Chicken Breast Nuggets **\$4.50**  
Grilled lean Cheese Burger **\$5.00**  
Chicken Fillet Burger **\$5.00**  
Lean Meat Pie **\$4.00**  
Potato Pie **\$4.50**  
Baked Chicken Roll with Mayo **\$5.00**  
Lean Hotdog **\$4.00 add Cheese \$4.50**  
Baked Chicken Roll with Mayo **\$5.00**  
Baked Potato Wedges **\$4.00**  
Spinach and Feta Roll **\$5.00**  
Macaroni and Cheese **\$5.00**  
Noodle Cups **\$3.50**  
Lean Sausage Roll **\$4.00**  
Beef or Vegetarian Lasagna **\$5.50**  
Noodle Cups **\$3.50**

## Snacks

Garlic Bread 4 inch **\$2.50**  
Baked Hash Brown **\$1.50**  
Chicken Wings Hot and spicy **\$1.50**  
Carrot or Cucumber Sticks with Hommus **\$1.50**  
Cheese and Crackers **\$1.50**  
Sugar Free Jelly **\$1.50**  
Custard & Jelly **\$2.00**  
Mini Pie/Sausage Roll **\$1.50**  
Canteen Approved Chips from **\$1.00**  
Fresh Fruit Pieces **\$1.00**  
Low Fat Muffins **\$2.50**

*Many more healthy snacks available on counter starting from .50c*

# PRIMARY SCHOOL MENU

*Our Lady Queen of Peace- Greystanes*

## Sandwiches/Wraps

Cheese and Tomato **\$3.00**  
Vegemite or Jam Sandwich **\$2.50**  
Cheese & Salad Sandwich **\$4.50**  
Chicken breast Sandwich **\$4.50**  
Ham/Cheese/Tom **\$4.00**  
Ham/Cheese **\$3.50**  
Tuna sandwich **\$4.00**  
Falafel Wrap **\$5.00**  
Chicken Salad Wrap **\$5.00**  
Kafta (lamb Mince) Wrap **\$5.00**  
Ham Salad Wrap **\$5.00**  
Tuna Salad Wrap **\$5.00**  
Cheese Salad Wrap **\$5.00**

*Extra toppings 0.50c*

*Gluten Free, Bread roll or Lebanese bread \$1.00*

## Alternating Daily Specials

**Check the daily special board or Flexi schools**

Butter Chicken with Rice **\$5.00**  
Pasta Bake (Chicken/Tuna/Vegetarian) **\$5.00**  
2 Kafta patties, Hommus and Leb bread **\$5.00**  
Beef Nachos with Cheese **\$5.00**  
Spaghetti Bolognaise **\$5.00**  
Spaghetti Napolitana **\$5.00**

## Frozen Treat/Drinks

100% Orange Frozen Juice Cup **\$1.50**  
Ice Block **\$1.00**  
Icely Mony **\$2.00**  
Billabong ice cream **\$3.00**  
Icely Poles **\$2.50**  
99% Fruit Juice Slushie **\$2.50**  
Spring Water 600mls **\$2.50**  
100% Juice (Apple/Orange) **\$2.50**  
Chill J flavoured water **\$3.00**  
Flavoured Milk 300ml **\$3.00 Plain \$2.00**