



Our Lady Queen of Peace

PRIMARY SCHOOL MENU

Breakfast

- Yoghurt & Muesli **\$3.00**
- Cereal with Skim Milk **\$2.50**
- Raisin Toast **\$2.50**
- Toast with Spread **\$1.00**
- Toasted sandwiches From **\$2.00**
- Banana Bread **\$2.50**

Fresh Salad Box

- Greek Salad **Reg \$3.00 Lrg \$5.00**
- Chicken Caesar Salad **Reg \$4.00 Lrg \$6.00**
- Tuna Salad **Reg \$4.00 Lrg \$6.00**
- Pasta Salad **Reg \$3.00 Lrg \$5.00**
- Seasonal Fruit Salad **Reg 3.00 Lrg \$4.50**
- Fresh Tub of Watermelon **Reg 2.50 Lrg \$4.00**

Hot Food

All foods are grilled or oven baked
(No frying)

- Baked Vegetable Spring Rolls **\$4.00**
- Chicken Breast Nuggets (5) **\$4.00**
- Grilled lean Cheese Burger **\$5.00**
- Chicken Fillet Burger **\$5.00**
- Lean Meat Pie **\$4.00**
- Potato Pie **\$4.50**
- Baked Chicken Roll with Mayo **\$4.50**
- Baked Potato Wedges **\$4.00**
- Lean Hotdog **\$3.50**
- Lean Sausage Roll **\$3.50**
- Beef or Vegetarian Lasagna **\$5.00**
- Steamed Prawn Dumpling **\$4.50**
- Noodle Cups **\$3.50**
- Pizza Wrap (Oregano/Cheese/BBQ Chicken) **\$4.50**
- Spinach and Feta Cheese Roll **\$4.50**
- Macaroni and Cheese **\$5.00**

Snacks

- Garlic Bread 4 inch **\$2.50**
- Baked Hash Brown **\$1.20**
- Corn Cobs **\$1.20**
- Chicken Wings Hot and Spicy **\$1.50**
- Fresh Tub of Watermelon **\$4.00**
- Homemade Low Fat Muffins **\$2.50**
- Carrot or Cucumber Sticks with Hommus **\$1.50**
- Cheese and Crackers **\$1.50**
- Sugar Free Jelly **\$1.50**
- Custard & Jelly **\$2.00**
- Mini Pie **\$1.20**
- Mini Sausage Roll **\$1.20**
- Canteen Approved Chips from **\$1.00**
- Fresh Fruit Pieces **\$1.00**

Many more healthy snacks available on counter starting from 50c

Sandwiches/Wraps

Make your own sandwich or wrap

- Cheese and Tomato **\$3.50**
- Vegemite or Jam Sandwich **\$3.00**
- Cheese & Salad Sandwich **\$4.00**
- Ham/Cheese/Tom Sandwich **\$4.00**
- Ham/Cheese **\$3.50**
- Tuna Sandwich **\$4.00**
- Turkey and Canberry Sandwich **\$4.00**
- Falafel Wrap **\$5.00**
- Chicken Salad Wrap **\$5.00**
- Kafta (lamb Mince) Wrap **\$5.00**
- Lean Turkey or Ham Salad Wrap **\$5.00**
- Tuna Salad Wrap **\$5.00**
- Cheese Salad Wrap **\$5.00**

Extra toppings 0.50c

Available in White, Wholemeal, Gluten Free, Bread roll or Lebanese bread

Alternating daily specials

Check the daily special board or QKR Online

- Spaghetti Bolognese **\$4.50**
- Spaghetti Napolitana **\$4.00**
- Vegetarian Fried Rice **\$4.00**
- 2 Kafta patties, Hommus and Lebanese bread **\$4.50**
- Butter Chicken with Rice **\$4.50**
- Beef Nachos with Cheese **\$5.00**
- Sushi Combo - Tuna/Chicken or Veg Sushi plus juice cup and want want rice snack **\$5.50**
- Vietnamese Rice Paper Roll **\$4.00**

Frozen Treats/Drinks

- 100% Orange Frozen Juice Cup **\$1.50**
- Ice Block **\$1.00**
- Icey Mony **\$1.50**
- 99% Fruit Juice Slushie **\$2.50**
- Spring Water 600mls **\$2.50**
- Flavoured Milk **Small \$2.80 Plain \$1.80**
- Just Juice Popper (Apple/Orange) **\$2.00**
- Juice Bombs **\$2.50**
- Up and Go **\$3.00**