

## 1-2-3 MAGIC<sup>®</sup> & EMOTION COACHING PARENT COURSE

# Learn to manage difficult behaviour in children 2-12 years old

A three-session program for parents and carers presented by Catholic Education, Diocese of Parramatta.

### Learn:

- ✓ How to discipline without arguing, yelling or smacking
- ✓ How to sort behaviour
- ✓ How to handle challenging and testing behaviours
- $\checkmark$  Choosing your strategy, the three choices
- $\checkmark$  Using emotion coaching to encourage good behaviour
- ✓ 7 tactics for encouraging good behaviour

### Parents will receive:

• A 1-2-3 Magic & Emotion Coaching Parent Workbook (cost \$10 payable at first session)

Venue	Session 1	Session 2	Session 3	Phone to register
Corpus Christi,	6pm – 8pm (Tues)	6pm – 8pm (Tues)	6pm – 8pm (Tues)	
Cranebrook	9 <sup>th</sup> August 2016	16 <sup>th</sup> August 2016	23 <sup>rd</sup> August 2016	02 4729 0696
St Michael's,	1 – 3pm (Wed)	1 – 3pm (Wed)	1 – 3pm (Wed)	
Blacktown South	17 <sup>th</sup> August	24 <sup>th</sup> August	31 <sup>st</sup> August	9622 9910
St Bernadette's,	1pm – 3pm (Wed)	1pm – 3pm (Wed)	1pm – 3pm (Wed)	
Lalor Park	31 <sup>st</sup> August	7 <sup>th</sup> September	14 <sup>th</sup> September	9622 3535
OLOR,	6pm – 8pm (Wed)	6pm – 8pm (Wed)	6pm – 8pm(Wed)	
Kellyville	7 <sup>th</sup> September 2016	14 <sup>th</sup> September 2016	21 <sup>st</sup> September 2016	9629 2566

### **Registration Fee?**

The course **costs \$10** (per parent or per couple) which covers the cost of the Parent workbook Register for this course by contacting the school office at the venue of your choice.

• An end to the arguing and yelling! • It saved our lives • Simple, sane, effective This course is being run by a Parentshop<sup>®</sup> licensed practitioner. www.parentshop.com.au